

| RANK | 1ST STRIPE | 2ND STRIPE | 3RD STRIPE |
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| YELLOW BELT | ALL BASIC BLOCKS FORWARD, FIGHTING STANCE CLOSED FIST DRILL FRONT KICK, ROUNDHOUSE | FRONT CHOKES 1 - 3 COMBINATION #1 | TAIKEOKU SHODAN |
| ORANGE BELT LOW | BASIC BLOCKS HORSE STANCE OPEN HAND DRILL SIDE KICK, BACK KICK | FRONT CHOKES 4 - 6 COMBINATION #2 | TAIKEOKU SANDAN |
| ORANGE BELT HIGH | MOVING BLOCKS CAT STANCE CLOSED FIST DRILL (MOVING) HOOK KICK | BLOCKING DRILL 1 - 3 COMBINATION #3 | TAIKEOKU YONDAN FU-KI-U NIDAN |
| BLUE BELT LOW | OPEN HAND DRILL (MOVING) STEPPING / SWITCHING DOUBLE FRONT SNAP, AERIAL ROUNDHOUSE | BLOCKING DRILL 4 - 6 REAR CHOKES 1 - 3 COMBINATION #1 (DEFENSE) | PINON NIDAN |
| BLUE BELT HIGH | MOVING BASICS (ALL) ALL BASIC KICKS (5) SPINNING SIDE KICK | BLOCKING DRILL (LEFT SIDE) REAR CHOKES 4 - 6 COMBINATION #2 (DEFENSE) | PINON SHODAN |
| GREEN BELT LOW | BLOCK ATTACKS IPPON BASICS & KICKS (LINE DRILLS) | PUSH BLOCKS COMBINATION #3 (DEFENSE) | PINON SANDAN |
| GREEN BELT HIGH | BLOCK ATTACKS (LEFT SIDE) BUNKAI APPLICATIONS | PUSH BLOCKS(LEFT SIDE) COMBINATION #4 AND #5 | Wansu |
| PURPLE BELT LOW | KICK SET 1 - 6 BUNKAI APPLICATIONS | SINGLE/MULTIPLE PUNCHES | PINON YONDAN |
| PURPLE BELT HIGH | KICK SET 1 - 6 (LEFT SIDE) NINE ANIMAL POSTURES | Single/Multiple Punches (Left Side) | Pinon Godan |
| 3RD DEGREE BROWN BELT | NINE ELEMENT POSTURES ARM BREAKS (BOTH SIDES) | | ANANKU |
| 2ND DEGREE BROWN BELT | BUNKAI APPLICATIONS KNIFE ATTACKS (BOTH SIDES) | | NAIHANCHI SHODAN |
| 1ST DEGREE BROWN BELT | BUNKAI APPLICATIONS ADVANCED STREET TECHNIQUES (BOTH SIDES) | | NAIHANCHI NIDAN |
| 1ST DEGREE BLACK BELT | BUNKAI APPLICATIONS ELBOW ATTACKS (BOTH SIDES) | | KUSANKU |